

Effectiveness of Learning Styles and Teaching Strategies within Classroom

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ABSTRACT

This take a look at explores the connection among unique mastering patterns' and coaching techniques' impact at the overall performance of college students at better level. The key targets of this look at had been to discover the views of college students concerning the connection among diverse studying patterns and the coaching techniques, and to manual the methods for boosting this dating. This observe has a descriptive nature, which makes use of each qualitative and quantitative methods. The look at targeted most effective on Government Viqar-un-Nisa Graduate College for Women Rawalpindi. The overall quantity of college students constituting the populace have been 75, who had been from BS English, BS Psychology and BS Education programs, out of which a pattern turned into decided on through the usage of random sampling technique. This pattern became together with sixty three college students. Pilot checking out changed into executed, and the professional remarks and Cronbachs alpha formula (price of 0.907), ensured the reliability and validity of the gadgets used. Data series changed into executed with the aid of using in my view allotted questionnaires. The inferential analysis (correlation test) and descriptive analysis (probabilities and frequencies) have been applied. Most of the respondents highlighted a pivotal dating among coaching techniques and mastering patterns in phrases of getting to know capacity, improvement of vital questioning and scholar studies. The examine recommends instructors to set up numerous forms of sports to enhance records retention withinside the lecture room and academic achievements.

Keywords: *coaching techniques, mastering patterns, better training and pupil overall performance.*

INTRODUCTION

The idea of mastering patterns suggests that each one people study correctly via a couple of special sorts of look at or guidance. Advocates argue that powerful education consists of diagnosing the mastering fashion of the scholar and adapting the coaching accordingly. The speculation indicates that to offer training nice way to supply in a manner that aligns with the options of the learner, which will be tactile, auditory, kinesthetic or visual. A mismatch among coaching and getting to know modes can cause decreased productiveness and inattention. Applying the inventories for gaining knowledge of patterns can

facilitate each teachers and college students for greedy and information how statistics ought to be processed, doubtlessly main to superior studying outcomes.

The time period coaching techniques suggests the unique procedures, techniques or strategies which might be utilized by educators to interact college students and facilitate mastering. These techniques and strategies are designed to decorate expertise, software of knowledges, retention and specially to satisfy numerous getting to know needs. Effective coaching tactics require functional making plans and action, which includes cautious making plans and alertness of coaching techniques, resources, and sports applicable to preset dreams. Effective coaching techniques and equipment foster motivation, participation, utility of concepts, reflection, and synthesis of records.

Approaches to coaching and getting to know consist of energetic gaining knowledge of, self-directed studying, group mastering, collaborative gaining knowledge of, technology-superior getting to know, direct coaching, inquiry mastering, and differentiated coaching. The selection to apply any of them takes into attention the topic, age of learners, dreams of guidance, wide variety of learners, and learner's private attributes and seeks to seize the hobby and participation of the learners.

Problem of the Statement

The connection among mastering patterns and coaching techniques has been explored in depth, getting to know patterns relates to an individual's favored techniques of receiving and processing facts, coaching techniques are strategies of facts transport created through the educators. This connection may be approached from major angles: alignment and differentiation. This shape of alignment is notion to enhance the general getting to know enjoy for college kids and deepen their knowledge of the content. Differentiation, on the alternative hand, differentiates through thinking about the spectrum of gaining knowledge of possibilities in a single classroom. Rather than catering to 1 unique style, educators use a mess of techniques to cope with numerous at once. This adaptive technique fosters a wealthy studying surroundings that could allow college students to domesticate many skills, even in regions unrelated to their number one studying style.

Research Questions

What is the effectiveness of getting to know patterns and coaching techniques inside the classroom?

How can coaching techniques be optimized to house numerous mastering patterns and enhance educational outcomes?

What are the perspectives of college students concerning the connection among gaining knowledge of patterns and coaching techniques?

Objectives of the Study

Following are the targets of this study:

To discover the effectiveness of gaining knowledge of patterns and coaching techniques inside lecture room.

Significance of the Study

Teaching techniques are the prepared and useful procedures devised via way of means of educators to help the getting to know method, encourage newbies, and attain precise mastering outcomes. They are anticipatory acts aimed to enhance the high-satisfactory of practise in terms of learner engagement and the purchase of a specific skill. All strategies to and strategies of coaching face unique targets of the lesson. Each of them encompasses some of sports and practices to be accomplished in regard to the situation matter, and are selected primarily based totally at the situation matter, mastering goals, students, and the school room setting.

Delimitation of the Study

This look at become delimited to Govt Colleges

LITERATURE REVIEW

Learning Styles

Learning patterns are described because the methods wherein and the convenience with which a learner is capable of collect and manner statistics meaningfully. Learning may be described as a amendment of conduct someone is able to showing because of reports over time. Each character has special studying capabilities and problems and their getting to know fashion is great illustrated withinside the way they manner, consciousness on, and memorize records via the numerous channels of perception (Haar, Hall, Schoepp, & Smith, 2002).

This consists of the learner's mental, emotional, and mental tendencies, which form their perceptions, engagement, and reactions to the studying technique (Felder & Brent, 2005). Within the framework of experiential mastering theory, Kolb (1984) referred to differing options withinside the use of enjoy for mastering, wherein a few leaned in the direction of hands-on experimentation at the same time as others desired statement. It is feasible for a person to broaden a fashion in their own, however usually, there's one that dominates, and its reputation is critical to coaching success (Alonso 2000, Widana et al. 2020).

Over seventy getting to know fashion fashions were created with the aid of using psychologists, and may be grouped beneathneath 3 major types: perceptual, cognitive, and character patterns. The maximum not unusualplace perceptual patterns, frequently related to the VARK model, include: Visual studying: Individuals whose desired manner of mastering entails viewing statistics illustrated via diagrams, graphs, pictures, and videos.

Auditory mastering: Individuals whose favored manner of gaining knowledge of includes paying attention to discussions, lectures, and different verbal presentations. Reading/Writing gaining knowledge of: Taking notes whilst studying facilitates beginners keep in mind the records and aids in logical structuring of concepts. Kinesthetic studying: Some beginners are hands-on and require bodily contact that allows you to soak up new concepts.

Other super fashions incorporate Felder-Silverman and Honey and Mumford fashions. Identifying a learner's favored fashion aids withinside the gaining knowledge of system, making it smoother and greater effective, whilst constructing learner self-direction, responsibility, and self-assurance (Biggs, 2001; Gilakjani & Ahmadi, 2011). Additionally, instructors are capable of tailor their lesson plans to in shape students' mastering patterns, which aids new or suffering inexperienced persons (Tuan, 2011).

Learning patterns may be assessed the usage of a extensive variety of tools, from formal business exams to casual strategies like commentary and conversations with students. It is essential to recognize that a learner's desire and real performance, which regularly do now no longer coincide, should be disentangled.

Teaching Strategies

Teaching techniques are the prepared and functional methods devised through educators to help the mastering process, inspire rookies, and achieve specific mastering consequences. They are anticipatory acts aimed to enhance the high-satisfactory of coaching on the subject of learner engagement and the purchase of a selected skill. All techniques to and strategies of coaching face precise goals of the lesson. Each of them encompasses some of sports and practices to be accomplished in regard to the difficulty matter, and are selected primarily based totally at the challenge matter, studying targets, college students, and the school room setting.

Direct Instruction: Teacher's explanation, demonstration, and exercise, in an prepared and dependent manner, imparting clean and specific feedback.

Indirect Instruction: Focused on college students and their getting to know, and extra of a hands-off technique for the teacher. Students are actively engaged in observation, inquiry, and speculation technology thru hassle and case examine exploration.

Collaborative Teaching: Engaging college students in organizations or or greater instructors teaching together. Students proportion and develop, respectful of 1 every other's views and foster collaborative co-coaching.

Interactive Teaching: Engaged college students use sensible comprehension, actively concerned in motivating and tasty via brainstorming, "Think, Pair and Share" sessions, and question-and-answer.

Adaptability and versatility of coaching techniques incorporating differentiation to goal various learner wishes to foster scholar engagement. Integration of era and reflective exercise for self-assessment also.

The Relationship among Learning Styles and Teaching Strategies

The connection among getting to know patterns and coaching techniques has been explored in depth, getting to know patterns relates to an individual's favored strategies of receiving and processing data, coaching techniques are strategies of data transport created via way of means of the educators. This connection may be approached from essential angles: alignment and differentiation.

The alignment technique commonly noted as "meshing speculation" states that powerful coaching improves getting to know consequences whilst techniques used align with mastering options (Pashler et al., 2009). For example, visually orientated newcomers have interaction with infographics, and verbally willing inexperienced persons excel in discussions.

This shape of alignment is concept to enhance the general gaining knowledge of revel in for college students and deepen their knowledge of the content. Differentiation, on the opposite hand, differentiates via way of means of thinking about the spectrum of gaining knowledge of choices in a single study room. Rather than catering to at least one unique fashion, educators use a mess of processes to cope with numerous at once. This adaptive method fosters a wealthy getting to know surroundings which could

permit college students to domesticate many skills, even in regions unrelated to their number one mastering fashion.

Despite the intuitive attraction of the meshing speculation, studies on its constant effect on studying results isn't always constantly straightforward. Some research even advise a much less direct courting among fashion matching and overall performance improvement (Pashler et al., 2009).

MATERIALS AND METHODS

Research Methods

This observe is descriptive in nature, and it combines quantitative approach. To acquire facts, a survey approach become utilized. For our studies, a questionnaire containing each closed and open-ended questions established on a five-factor Likert scale ranging from 'strongly agree' to 'strongly disagree' became designed.

Population of the Study

For the reason of this studies, the populace become college students of 3 departments from Government College for Women which covered: Bachelor's of Education (a hundred college students), Bachelors of English (195 college students), and Bachelors of Psychology (149 college students) which sums as much as 444 participants.

Sample of the Study

Out of the populace pattern, sixty three respondents have been identified. This blanketed thirteen college students from the Bachelor of Education, 37 college students from Bachelors of English and 23 college students from Bachelor of Psychology. This pattern became in keeping with the "Research Methodology, and Educational Research," with the aid of using L.R. Gay, which supplied steerage to the have a look at. The pattern become drawn the use of easy random sampling methods.

Tool of Research

A separate questionnaire became designed because the number one studies tool. It protected closed-ended questions in addition to open-ended inquiries to gather wealthy qualitative information.

Pilot Testing

A pilot check become achieved with a pattern of 20 college students which had been now no longer part of the very last pattern, so one can make sure the effectiveness and readability of the questionnaire, which aided its very last improvement.

Validity

The opinion of professionals ensured the validity of the instrument. A panel of applicable and expert professionals of the sector of training reviewed, gave comments and tested the questionnaire.

Reliability

The reliability for the pupil questionnaire changed into calculated the usage of the consistency approach Cronbach's alpha. The received fee of Cronbach's alpha for the scholar questionnaire become 0.907, therefore the excessive reliability.

Data Collection

The researcher traveled to the sampled schools to distribute the questionnaires; therefore, this records turned into gathered in person. The facts series equipment had each 5-factor Likert scale and open-ended questions.

DATA ANALYSIS

The quantitative records changed into analyzed the usage of SPSS. Descriptive analyses via frequency and possibilities had been calculated to give an explanation for the outcome, emphasizing the impact of the connection among getting to know patterns and coaching techniques on pupil performance.

RESULTS

Quantitative Data Analysis

Table 1: Believe that group activities and discussions are effective teaching strategies

	Frequency	Percent	Valid Percent	Cumulative Percent
strongly disagree	5	7.9	7.9	7.9
Disagree	4	6.3	6.3	14.3
Neutral	9	14.3	14.3	28.6
Agree	25	39.7	39.7	68.3
strongly agree	20	31.7	31.7	100.0
Total	63	100.0	100.0	

As proven in Table 1, 31.7% (20 respondents) and 39.7% (25 respondents) agreed and strongly agreed, respectively, to organization sports and discussions as powerful coaching strategies. On the contrary, 7.nine% (five respondents) and 6.3% (four respondents) strongly disagreed and disagreed, respectively. 14.3% (nine respondents) stayed neutral. Most respondents, however, agreed approximately the effectiveness of organization sports and discussions.

Table 2: Prefer lectures and note-taking as a learning style

	Frequency	Percent	Valid Percent	Cumulative Percent
strongly disagree	7	11.1	11.1	11.1
disagree	6	9.5	9.5	20.6
neutral	12	19.0	19.0	39.7
agree	26	41.3	41.3	81.0

strongly agree	12	19.0	19.0	100.0
Total	63	100.0	100.0	

In Table 2, 19% (12 respondents) strongly agreed and 41.3% (26 respondents) agreed to who prefer lectures and note-taking as a extra favorable mastering style. 11.1% (7 respondents) strongly disagreed and 9.5% (6 respondents) disagreed. 19% (12 respondents) had been neutral. With those results, it's miles obtrusive that maximum respondents desired lectures and note-taking.

Table 3: Tend to learn best when I have visual aids like diagrams, graphs, or videos

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	5	7.9	7.9	7.9
disagree	4	6.3	6.3	14.3
neutral	11	17.5	17.5	31.7
agree	21	33.3	33.3	65.1
strongly agree	22	34.9	34.9	100.0
Total	63	100.0	100.0	

According to Table 3, 34.9% (22 respondents) and 33.3% (21 respondents) strongly agreed and agreed, respectively, that they analyze quality with the resource of visible studying tools. 7.9% (five respondents) strongly disagreed and 6.3% (four respondents) disagreed. 17.five% (eleven respondents) have been neutral. Most respondents accept as true with the declaration concerning using visible gaining knowledge of tools.

Table 4: Prefer to learn by doing hands-on activities or experiments

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	5	7.9	7.9	7.9
disagree	4	6.3	6.3	14.3
neutral	9	14.3	14.3	28.6
agree	19	30.2	30.2	58.7
strongly agree	26	41.3	41.3	100.0
Total	63	100.0	100.0	

As indicated in Table four, 41.3% (26 respondents) strongly agreed and 30.2% (19 respondents) agreed to who prefer studying via undertaking arms-on activities. 7.nine% (five respondents) strongly disagreed and 6.3% (four respondents) disagreed. 14.3% (nine respondents) had been neutral. Most respondents showcased their choice in palms on studying.

Table 5: believe that it's important for teachers to understand the learning styles of their students

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				

strongly disagree	6	9.5	9.5	9.5
disagree	4	6.3	6.3	15.9
neutral	11	17.5	17.5	33.3
agree	15	23.8	23.8	57.1
strongly agree	27	42.9	42.9	100.0
Total	63	100.0	100.0	

As indicated in Table 5, 42.9% (27 respondents) and 23.8% (15 respondents) respectively, strongly agreed and agreed with the announcement that instructors want to recognize the studying kinds of the students. Those that strongly disagreed and disagreed with the announcement made up 9.5% (6 respondents) and 6.3% (four respondents) respectively. 17.5% (eleven respondents) selected the impartial reaction option. The responses leaned strongly in choose of instructors comprehending the mastering kinds of their students.

Table 6: Tend to learn best when information is presented in a step-by-step, logical sequence

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	5	7.9	7.9	7.9
disagree	5	7.9	7.9	15.9
neutral	6	9.5	9.5	25.4
agree	16	25.4	25.4	50.8
strongly agree	31	49.2	49.2	100.0
Total	63	100.0	100.0	

As proven in Table 6, 49.2 % (31 respondents) strongly agreed, and 25.4% (sixteen respondents) agreed with the declaration that they apprehend logical and grade by grade supplied records the best. 7.9% (five respondents) strongly disagreed and the identical percentage (7.9%) selected the disagree option. 9.5% (6 respondents) remained impartial to the declaration. The majority of the respondents desired the facts to be offered in a sequential manner.

Table 7: Prefer to work independently rather than in groups or with a partner

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	5	7.9	7.9	7.9
disagree	14	22.2	22.2	30.2
neutral	19	30.2	30.2	60.3
agree	15	23.8	23.8	84.1
strongly agree	10	15.9	15.9	100.0
Total	63	100.0	100.0	

Table 7 demonstrates that 15.9% (10 respondents) strongly agreed, and 23.8% (15 respondents) agreed that they have a tendency to choose to do paintings independently. 7.9% (five respondents) strongly

disagreed, and a bigger part of 22.2% (14 respondents) disagreed the statement. An thrilling part of 30.2% (19 respondents) remained neutral. While a favored unbiased paintings, a brilliant part of respondents additionally leaned in the direction of neutrality, or institution paintings.

Table 8: Believe that teachers should provide a variety of assessment types to accommodate read/write learning styles

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	1	1.6	1.6	1.6
disagree	9	14.3	14.3	15.9
neutral	16	25.4	25.4	41.3
agree	22	34.9	34.9	76.2
strongly agree	15	23.8	23.8	100.0
Total	63	100.0	100.0	

As indicated in Table 8, 15 (23.8%) strongly agreed and 22 (34.9%) agreed to the assertion that instructors need to offer numerous evaluation sorts to deal with the read/write learners. Only one (1.6%) strongly disagreed and 9 (14.3%) additionally disagreed to the assertion. 25.4 (sixteen respondents) have been neutral. Most of the respondents favored various assessments.

Table 9: teaching strategies should be adapted to match the kinesthetic learning styles of individual students

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
disagree	3	6.0	6.0	6.0
neutral	13	26.0	26.0	32.0
agree	24	48.0	48.0	80.0
strongly agree	10	20.0	20.0	100.0
Total	50	100.0	100.0	

According to Table 9, 20% (10 respondents) and 48% (24 respondents) agreed and strongly agreed, respectively, to the assertion that coaching techniques need to accommodate kinesthetic learning. 6% (three respondents) disagreed at the same time as 26% (thirteen respondents) selected to be neutral. Most respondents had been in settlement at the want to house kinesthetic learners.

Table 10: Auditory style of students can be identified by asking them directly

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	29	46.0	46.0	46.0
disagree	11	17.5	17.5	63.5

neutral	16	25.4	25.4	88.9
Agree	2	3.2	3.2	92.1
strongly agree	5	7.9	7.9	100.0
Total	63	100.0	100.0	

As consistent with desk 10, 3.2% (2 respondents) agreed and 7.9% (five respondents) strongly agreed to the proposition that auditory patterns may be diagnosed thru direct thinking. A extensive portion, however, 46% (29 respondents) strongly disagreed and any other 17.five% (eleven respondents) disagreed. 25.4% (sixteen respondents) did now no longer take any position. This indicates that there has been overwhelming war of words amongst respondents in regard to using direct thinking as the primary approach for figuring out auditory learners.

Table 11: Learning styles of students can be identified by asking them directly

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
strongly disagree	4	6.3	6.3	6.3
Disagree	2	3.2	3.2	9.5
Neutral	2	3.2	3.2	12.7
Agree	21	33.3	33.3	46.0
strongly agree	34	54.0	54.0	100.0
Total	63	100.0	100.0	

From desk 11, 54% (34 respondents) and 33.3% (21 respondents) strongly agreed and agreed, respectively, that studying patterns may be diagnosed thru direct wondering of the students. 6.3% (four respondents) strongly disagreed and 3.2% (2 respondents) disagreed. 3.2% (2 respondents) have been neutral. The majority held the opinion that scholars may be immediately requested for his or her mastering patterns.

Table 12: Believe that teachers should use a variety of teaching strategies to accommodate different learning styles

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid				
disagree	4	6.3	6.3	6.3
agree	31	49.2	49.2	55.6
strongly agree	28	44.4	44.4	100.0
Total	63	100.0	100.0	

According to Table 12, 44.four% (28 respondents) strongly agreed at the same time as 49.2% (31 respondents) agreed to the statement that instructors must appoint a couple of coaching strategies. Only 6.3% (four respondents) disagreed. Most respondents accepted the assertion on various coaching strategies.

FINDINGS

The effects of the examine are furnished below:

Group Activities and Discussions: The extremely good majority of college students (31.7% strongly guide and 39.7% guide) do not forget institution sports and discussions to be powerful academic methods. More of talking sports must be brought with the aid of using the academics.

Lectures and Note-taking: A huge segment (19% strongly guide and 41.3% aid) of college students lean to lectures and note-taking because the favored educational technique. More techniques must be carried out through the academics withinside the classroom.

Visual Aids: The respondents nearly all (34.9% strongly assist and 33.3% help) the usage of aids to teach. Teachers must make the maximum of to be had coaching aids.

Hands-on Activities: A big share of college students (41.3% strongly help and 30.2% guide) expressed a desire for studying through doing. More realistic paintings ought to be supported via way of means of the academics.

Importance of Understanding Learning Styles: More than nearly half (42.9% strongly assist and 23.8% help) endorse this is incredibly crucial for instructors to recognize the gaining knowledge of kinds of their college students to make the maximum in their ability to study.

Sequential Learning: A properly range of learners (49.2% strongly aid and 25.4% aid) expressed that they research exceptional with a methodical and logical little by little method to information. Teachers have to use this technique whilst supplying information.

Independent vs. Group Work: Where a fantastic quantity of responses confirmed choice in unbiased paintings (15.9% strongly agreed, 23.8% agreed), a great element desired institution paintings or neutral, suggesting a demand for various sports.

Different Assessments in line with Student's Needs: A percent of the respondents (23.8% strongly agree, 34.9% agree) idea that the lecturers ought to make use of special sorts of checks to catering to the read/write assessment/assessment methods.

Modification of Strategies to Match Kinesthetic Learning: Kinesthetic studying became a coaching technique extensively normal through a big percentage. (20% strongly, 48% agree).

Distinguishing Auditory Learning Styles: The most powerful confrontation became that scholars will be requested without delay to discover their auditory studying styles (46% strongly disagree, 17.5% disagree).

Learning Styles Identification: A big majority (54% strongly agree, 33.3% agree) maintained that scholars have been at once requested maximum of the time.

Strategies to Teach Students: A huge share replied in agreement (44.4% strongly agree, 49.2% agree) to the usage of coaching loads of methods.

DISCUSSION

With regards to the coaching strategies, mastering styles, and their connection, this is the principle awareness of the take a look at. Based at the findings, instructors are recommended to sell lively participation with the aid of using enticing college students with hands-on studying, discussions, and vital thinking; in addition to illustrating relevance to the world. Also to sell teamwork and communication, college students ought to be located in small collaborative groups. The look at additionally factors out the want to be responsive and bendy with the methods and strategies of coaching thinking about that scholars could have various desires and difficulty matters. Teachers are extra than welcome to mirror on their coaching, in addition to obtain enter from colleagues and college students on their lessons, via well-deliberate lesson research to in addition refine their coaching practices and ensuing scholar achievement, get hold of expert gaining knowledge of, and in flip get rid of obstacles to getting to know.

CONCLUSION

As a dating is perceived among one's coaching patterns and a scholar's studying approaches, it's far affordable to finish that coaching patterns and getting to know techniques are related. In-turn, this courting is at once and definitely predictive of pupil achievement. The look at has introduced to mild that there are distinct worries that effect gaining knowledge of, and that there may be a want to bridge the space among coaching and getting to know techniques.

RECOMMENDATIONS

The following recommendations, primarily based totally on the realization and findings of this observe are counseled to deal with the scholar studying demanding situations confronted on the better schooling level:

Teachers need to constantly attempt to study specific types of their college students studying.

Classes are greater powerful whilst the records is added the usage of numerous approaches, therefore, the academics must enhance in this aspect.

During school room periods the academics need to make certain scholar involvement in arms on activities.

Teachers ought to rent inclusive techniques to deal with the specific getting to know possibilities gift inside a unmarried lecture room.

Teachers' must foster self-self belief in college students for the duration of elegance engagements.

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